

T: 563-328-4114 F: 563-326-8774

Dear Parent/Guardian:

This is a friendly reminder that your child is due for a well child exam next month. We are encouraging you to schedule an appointment with your child's doctor for this medical checkup, if you have not already done so.

Well child exams are performed by your child's doctor, and may include a physical exam, an oral health exam, shots, and other screenings based on age. These checkups can be used for enrollment in daycare centers, schools, Head Start, and sports programs.

Well child exams are recommended at the following ages:

☆ 3-5 days	☆ 12 months	☆ 4 years	☆ 10 years	☆ 16 years
☆ 1 month	☆ 15 months		☆ 11 years	☆ 17 years
☆ 2 months	☆ 18 months	☆ 6 years	☆ 12 years	☆ 18 years
☆ 4 months	☆ 24 months	7 years	☆ 13 years	☆ 19 years
☆ 6 months	☆ 30 months	☆ 8 years	☆ 14 years	☆ 20 years
	☆ 3 years		☆ 15 years	

If you do not have a doctor or dentist for your child, we can help you find one and schedule appointments, if needed. We can also give you information about other services in our community and connect you to free transportation assistance for healthcare appointments.

The Care for Kids Program can now use text messaging to contact you! This means that in the future you may receive a text message from the Care for Kids Program about program services.

Please call the Scott County Care for Kids Program at 563-328-4114. We look forward to speaking with you.

Sincerely,

Anna Copp, LMSW
Child Health Consultant

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Health

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Child Health Consultant