

IOWA DEPARTMENT OF PUBLIC HEALTH -- LIFEGUARD REQUIREMENTS

Lifeguards are **required** at municipal and school swimming pools and pools larger than 1500 ft²

Lifeguards must have current certificates in **both** of the following:

- **Lifeguarding**-(including First Aid training) from American Red Cross, YMCA, or Boy Scouts or equivalent certification approved by the Iowa Department of Public Health
- **CPR** from American Red Cross or American Heart Association or equivalent certification approved by the Iowa Department of Public Health

Note: No lifeguard is required ***if instructors, teachers, or coaches*** for structured swimming programs, such as lap swim, competitive swimming, water exercise classes, swim lessons and physical education classes, have current certificates in Lifeguarding and CPR **or all three** of the following: Basic Water Rescue from the American Red Cross, First Aid, and CPR.

Name of Facility _____

Date _____

Name	Current Certificates		Notes
	Lifeguarding (usually 2 yrs)	CPR (usually 2 yrs)	