



Scott County Health Department
 600 W. 4th Street | Davenport, IA 52801-1003 | P. 563-326-8618 | F. 563-326-8774
 health@scottcountyiowa.gov | www.scottcountyiowa.gov/health

Recommended Isolation and Quarantine Period for General Population

Updated 12/28/2021

**** This update is for the general population - CDC will be updating guidance for special populations, including congregate living, K-12 schools, higher education, etc. in the upcoming days.**

The CDC’s updated recommendations for handling positive cases and contacts are summarized in this document. The Scott County Health Department (SCHD) encourages implementation of these recommendations in order to slow the spread of virus in the community; however, these recommendations cannot be enforced by SCHD.

If You Test Positive for COVID-19 (Isolate)

- Stay home for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.

** If you have a fever, continue to stay home until your fever resolves.*

If You Were Exposed to Someone with COVID-19 (Quarantine)

<p><i>If you:</i> <i>Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted</i> OR <i>Completed the primary series of J&J over 2 months ago and are not boosted</i> OR <i>Are unvaccinated</i></p>	<ul style="list-style-type: none"> • Stay home for 5 days. After that continue to wear a mask around others for 5 additional days. • If you can’t quarantine you must wear a mask for 10 days. • Test on day 5 if possible. <p><i>* If you develop symptoms get a test and stay home</i></p>
<p><i>If you:</i> <i>Have been boosted</i> OR <i>Completed the primary series of Pfizer or Moderna vaccine within the last 6 months</i> OR <i>Completed the primary series of J&J vaccine within the last 2 months</i></p>	<ul style="list-style-type: none"> • Wear a mask around others for 10 days. • Test on day 5, if possible. <p><i>* If you develop symptoms get a test and stay home.</i></p>

