

SCOTT COUNTY

Year **2016** at a Glance

WHO WE COVERED



Employees

488



Spouses

275



Dependents

482

Prescriptions

Tier 2 & 3:
Typically Brand Name and Speciality Rx

14%



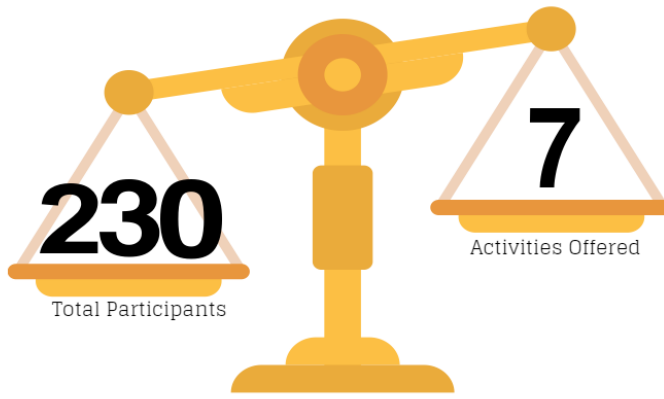
86%

Tier 1: Typically Generic Rx



Generic drugs have exactly the same active ingredients and effects as brand-name drugs, but can cost 30-60% less!

Wellness Initiatives



Y @ Work



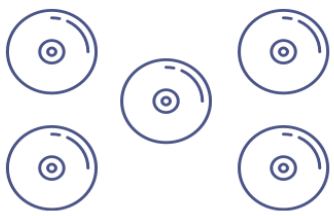
Americans should aim for 150 minutes of exercise weekly.

ELIGIBLE EMPLOYEES



■ Users (31%)
■ Non-Users (69%)

Fitness DVD's



5 Fitness DVD's were checked out



Scott County offers employees a variety of 19 fitness DVD's that range from cardio, strength, yoga, core, and prenatal focuses.

Healthy Lifestyles Program



235

Employees Participated in Screenings



40

Employees notified of Metabolic Syndrome



21

Employees Reduced one or more Risk Factors

Tobacco Cessation



Employees and family members on the health plan are eligible for tobacco cessation classes and prescription drugs.



4

People Quit using Tobacco



\$1,187.50

Cotinine Surcharge Reimbursement