

Quad Cities COVID-19 Coalition FOR IMMEDIATE RELEASE May 4, 2021

Current COVID-19 case count

Scott County – Positive tests total: 21,094 Total deaths in Scott County: 239 Positivity rate: 7% (higher than other large counties & the state of Iowa) Vaccine doses administered in Scott County: 133,558

Rock Island County – 28 new cases since Tuesday; total of 14,471 Currently in hospital in Rock Island County: 30 Total deaths in Rock Island County: 313 Positivity rate: 3.7% Region 2 positivity rate: 5.2% Vaccine doses administered in Rock Island County: 90,998; 40,573 fully immunized

Today's call

A video recording of today's media briefing can be found at <u>https://www.scottcountyiowa.com/health/covid19/news</u>

Camden Centre now taking walk-ins

Remarks from Nita Ludwig, administrator, Rock Island County Health Department

You no longer need an appointment to get your COVID-19 vaccine at the Rock Island County Health Department's mass vaccination site at the Camden Centre in Milan. So far, the response has been positive. We are in our last hour today, and we've given more than 500 shots.

We are trying to make getting vaccinated as easy as possible by changing to a walk-in clinic. Our team is on-site from 8 a.m. to 4 p.m. Tuesday-Saturday. We can give thousands of vaccines a week. You don't need to preregister; however, you could reduce wait times by making an appointment. Links to make appointments are available at richd.org and the health department's Facebook page.

Not all vaccines will be available every day. Generally, vaccine availability will be:

- Tuesday and Wednesday: Moderna
- Thursday: Johnson & Johnson and either Moderna or Pfizer.
- Friday and Saturday: Pfizer

This schedule is subject to the health department's vaccine supply and could change. The health department will post the vaccine schedule weekly on its Facebook page and website.

If this clinic doesn't fit your needs, our pharmacy and healthcare partners offer appointments and opportunities every day of the week and into the evening. Getting vaccinated protects both you and our community. Please get vaccinated as soon as possible.

3 things you can do to help us move through this pandemic

Remarks from Amy Thoreson, director, Scott County Health Department

In public health right now, we continue to be COVID-19 all day, every day. This means that we hear lots about the happenings in the community. We want to share what we are hearing in order to provide correct information and promote three things we need to do RIGHT NOW as a community to move through this pandemic.

Get your 2nd Dose

The Iowa Department of Public Health has shared that they've seen an increase in the number of individuals who have gotten a 1st dose of either a Pfizer or Moderna vaccine, but haven't gotten a 2nd dose within the recommended timeframe.

It's important that anyone choosing to be vaccinated understands that you are not fully vaccinated until you've received both doses of these vaccines. The vaccine trials that tested these vaccines only focused on the effectiveness of vaccination after BOTH doses. Don't skip out on this second dose because you have heard from family or friends that they didn't feel good after their second dose. Everyone is different and has a different experience. The important thing to remember is that any symptoms you would feel after receiving a shot are short-term and you are not sick, you are just having an immune response.

Additionally, two weeks after receiving both doses of Pfizer or Moderna vaccine or 1 dose of Johnson & Johnson vaccine, you will not need to quarantine if you are found to have been a close contact of someone with COVID. Individuals who are only partially vaccinated will still need to quarantine if they are identified as a close contact.

We don't want our ability to return to normal to be impacted because we have large groups who are only partially vaccinated.

Wear Your Mask

We are also hearing that masking is still a topic of conversation. We get it. It's been a long year. One bright spot is that masks are making a difference. We know this because we have seen huge declines in other winter respiratory illnesses such as flu. We don't have a lot to compare COVID to since we don't have previous years of data to look at. However, we have lots of data on flu and this year is almost unprecedented. We are hearing from our schools that

students are by and large doing well with masking. As adults, we probably think about it more. The general rule is to wear a mask when you can't distance yourself more than 6 feet from others outside of your household, especially indoors.

Contact Your Health Care Provider if You Have COVID and Aren't Getting Better

One conversation we continue to hear is that most individuals survive COVID, so all of these precautions are over the top. Unfortunately, we are continuing to hear about COVID-19 long-haulers – individuals who have recovered from the worst impacts of COVID-19 and have tested negative. However, they still have symptoms, including ongoing fatigue, joint pain, shortness of breath, loss of taste/smell, difficulty sleeping, headaches, and brain fog. If you are not getting better, please go to a health care provider so he/she can evaluate you and determine next steps. These cases are very real and it can happen to individuals with no underlying conditions or other risk factors.

This is a concern because we are seeing a much younger average age of individuals who are testing positive for COVID. We are currently at around 33 years of age. Our hospitals are also seeing much younger individuals admitted to the hospital due to COVID-19 illness. UnityPoint Health – Trinity joins us today to discuss the younger patients they are currently seeing.

Q&A with physician

Dr. Toyosi Olutade, chief medical officer, UnityPoint Health – Trinity, did not speak from prepared remarks. Please see video at

https://www.scottcountyiowa.com/health/covid19/news

More information

- <u>www.TogetherQC.com</u>
- <u>coronavirus.iowa.gov</u>
- <u>https://www.dph.illinois.gov/covid19</u>
- <u>https://www.dph.illinois.gov/regionmetrics?regionID=2</u>
- <u>https://www.dph.illinois.gov/countymetrics?county=Rock%20Island</u>
- <u>https://www2.illinois.gov/idoc/facilities/Pages/Covid19Response.aspx</u>
- <u>https://www.dph.illinois.gov/covid19/long-term-care-facility-outbreaks-covid-19</u>

###