

Genesis Wellness



All Wellness Services are private and confidential. Personal health information, by law, can not be shared with employers. Genesis is HIPAA compliant.

Screening Includes:

Height, Weight, Abdominal Girth Measurement, Blood Pressure, Blood Draw for Cholesterol (Full Lipid Panel) & Glucose.

Screening Instructions (Allow 15-20 minutes to complete screening)

- Fasting is required for 10 - 12 hours prior to your screening time.

(No food, soda, coffee, etc. but PLEASE DRINK WATER)

***Note if you are diabetic, follow your doctors instructions for fasting.**

- It is recommended to drink water. (One glass before bed & one in the morning.)

- Take any/all medications as prescribed (e.g. blood pressure medicine).

Genesis requires all participants to [provide a photo ID](#) at the time of their screening.

This assures that all privacy & HIPAA requirements are met.



Questions?

Contact Jo Nicholson

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