



When snacking and tackling go hand-in-hand,
We work with you

With **Weight Watchers®**, you win while you lose. Our flexible **Beyond the Scale** program offers you the coaching you need to see weight loss results without compromising the way you live your life.

*Members
lost 15% more
weight*

in their first two months on our Beyond the Scale program
vs. those on the prior program.*

If not now, when?

CONTACT: Hiliary McKay in the Human Resources Department

SIGN-UP INFORMATION: Attend the next Weight Watchers at Work meeting held each Tuesday at 4:30 p.m. in the 1st Floor Board Room in the Administrative Building. Come ready to register, pay, and weigh-in. Then stick around for the 30 minute meeting!

Please note, meetings available in participating areas only.
Minimum enrollment required to start meetings in the workplace.

*Comparing Meetings members who weighed in two months after starting the program versus the same time period in the prior year.

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weightwatchers
LIVE FULLY.