

# Scott County Park Pool AMERICAN RED CROSS LEARN TO SWIM CLASSES



## GROUP LESSONS

- Weekly Fee: \$45
- Ages: 3 through 15
- Class Times:
  - 9:00 am - 9:45 am
  - 9:45 am - 10:30 am

## PRIVATE LESSONS

- Weekly Fee: \$75
- Ages: 3 and up
- Class Times:
  - 10:30 am - 11:00 am
  - 11:00 am - 11:30 am
  - 11:30 am - 12:00 pm
- *Adult lessons available upon request*



## 2026 DATES

- Week 1: M-F Jun 08-12
- Week 2: M-F Jun 15-19
- Week 3: M-F Jun 22-26
- Week 4: M-F Jul 06-10
- Week 5: M-F Jul 13-17
- Week 6: M-F Jul 20-24

**Learn More & Register for Lessons!**

[scottcountyiowa.gov/conservation](https://scottcountyiowa.gov/conservation)

(563) 328-3282 Ext 5



@scottcountyconservation



# Red Cross Swim Levels

## PSA-Preschool Aquatics (3 & 4 years of age)

- Familiarize children approximately 3 and 4 years old to the aquatic environment and help them acquire rudimentary basic aquatic skills.
- Help participants begin to develop positive attitudes and safe practices in and around water
- No skill prerequisites
- Must be toilet trained

## Level 1 (Ages 5 and up)-Introduction to Water Skills

- Orient participants to the aquatic environment and help them gain basic aquatic skills.
- Help participants begin to develop positive attitudes and safe practices around water
- No skill prerequisites

## Level 2-Fundamental Aquatic Skills

- Build on the basic aquatic skills and water safety skills and concepts learned in Level 1
- Pre-requisite-Successful demonstration of the Learn-to-Swim Level 1 exit skills assessment

## Level 3-Stroke Development

- Build on the skills learned in Levels 1 and 2 to help participants achieve basic water competency in a pool environment
- Pre-requisite-Successful demonstration of the Learn-to-Swim Level 2 exit skills assessment

## Level 4-Stroke Improvement

- Improve participants' proficiency in performing the swimming strokes that were introduced in Level 3
- Pre-requisite-Successful demonstration of the Learn-to-Swim Level 3 exit skills assessment

## Level 5-Stroke Refinement

- Help participants refine their performance of all six swimming strokes (i.e., front crawl, back crawl, butterfly, breaststroke, elementary backstroke and sidestroke)
- Pre-requisite-Successful demonstration of the Learn-to-Swim Level 4 exit skills assessment

## Level 6-Swimming and Skill Proficiency (Fitness Swimmer, Personal Water Safety, and Fundamentals of Diving)

- Refine strokes so participants swim them with greater efficiency and effectiveness over longer distances
- Teach participants how to prevent aquatic emergencies in various aquatic environments and to introduce and practice self-rescue techniques
- Pre-requisite-Successful demonstration of the Learn-to-Swim Level 5 exit skills assessment

**\*All classes are taught by certified American Red Cross Water Safety Instructors**